

Music, Mental Health & the Aging Population Related Articles and Links

- Theurer, K., Wister, A., Sixsmith, A., Chaudhury, H., & Lovegreen, L. (2012). The development and evaluation of mutual support groups in long-term care homes. *Journal of Applied Gerontology*, 33(4), 387-415. doi: 10.1177/0733464812446866
- Pfeiffer, P. N., Heisler, M., Piette, J. D., Rogers, M. A. M., & Marcia Valenstein. (2011). Efficacy of peer support interventions for depression: A meta-analysis. *General Hospital Psychiatry*, 33, 29-36. doi: 10.1016/j.genhosppsych.2010.10.002
- Yeung, D. Y., Kwok, S. Y. C., & Chung, A. (2012). Institutional peer support mediates the impact of physical declines on depressive symptoms of nursing home residents. *Journal of Advanced Nursing*, 69(4), 875-885. doi: 10.1111/j.1365-2648.2012.06076.x
- Logsdon, R. G., Pike, K. C., McCurry, S. M., Hunter, P., Maher, J., Snyder, Teri, L. (2010). Early-stage memory loss support groups: Outcomes from a randomized controlled clinical trial. *The Journals of Gerontology: Psychological Sciences*, 65B(6), 691-697.
- Snyder, L., Jenkins, C., & Joosten, L. (2007). Effectiveness of support groups for people with mild to moderate Alzheimer's Disease: An evaluative survey. *American Journal of Alzheimer's Disease and Other Dementias*, 22(1), 14-19.
- Mason, E., Clare, L., & Pistrang, N. (2005). Processes and experiences of mutual support in professionally-led support groups for people with early-stage dementia. *Dementia*, 4(1), 87-112.
- Roberts, J. S., & Silverio, E. (2009). Evaluation of an education and support program for early-stage Alzheimer disease. *Journal of Applied Gerontology*, 28(4), 419-435.
- Riessman, F. (1997). Ten self-help principles. *Social Policy*, 27(3), 6-11.e

For more information on peer support and the Mental Health Commission of Canada:

<http://www.mentalhealthcommission.ca/English/issues/peer-support?terminitial=25>

For more information on the Java Music Club mutual support group program:
www.javamusicclub.com