

Speakers and Workshop Presenters

KEYNOTES



Dr. Gary Ansdell – Care for Music: An Ethnography of Music in Late Life and End of Life Settings

This opening presentation will discuss the origins of a study currently under consideration for funding by the UK Arts and Humanities Research Council. The study intentionally stands on its head the usual perspective 'music for care' and focuses on a mutual and distributed pattern of *care for music* between and amongst 'everyone' involved in 'scenes of care'.

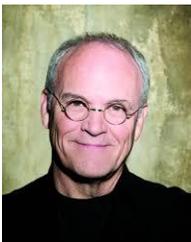
Gary currently works as an independent music therapy practitioner, consultant and scholar and is an Associate of Nordoff Robbins, UK, where he is Convenor of the MPhil/PhD programme. He is also an honorary Professor in the department of sociology, philosophy, anthropology at Exeter University, and Adjunct Professor of Music Therapy, University of Limerick.



Dr. Andrea Creech – Musicking & Creative Music Technologies for Enriching Later-Life

Increasingly, attention has been directed towards the possibilities offered by technology for enhancing the quality of later life. Yet there seems to be a generational digital divide, and engagement with technology within the practice of listening, playing, creating, and performing music. This presentation focuses on a pan-Canadian study exploring how music can be mobilized and adapted for access in later life.

Andrea is Professor of Instrumental Didactics at the Faculty of Music of Laval University, where she also holds a Canada Research Chair in "Music in the Community". After a career as an orchestral musician and teacher on an international level, Andrea Creech earned a Ph.D. in Educational Psychology from the Institute of Education, London University where she worked as a lecturer and researcher.



Ian Thomas – My Story with Music and Wellness

Our stories are inextricably linked with music. This holds true for Juno-award winning Ian Thomas. His personal and family encounters with music, health and wellness will be the focus of his presentation. Ian will share his story peppered with his own writing and songs.

Ian first hit internationally in 1973 with "Painted Ladies". He has acquired a Juno award, four SOCAN classic awards for Painted Ladies, Right Before Your Eyes, Hold on and Pilot, a UNICEF Danny Kaye Humanitarian award, Juno and Gemini nominations and 16 albums. He has 21 movies as a film composer to his credit is the author of two novels. Ian also records and tours the country regularly with friends Murray McLauchlan, Marc Jordan, and Cindy Church in a band called Lunch at Allen's.

WORKSHOPS



Sasha Judelson-Kelly – The Circle of Music Project – Singing and Dementia

As part of her graduate degree research requirements, Sasha began an intergenerational choir, The Circle of Music Choir, designed to encourage those living with dementia, their partner caregiver and a teenager volunteer to engage in participatory music making. Now in its second year, the Circle of Music Choir is funded by the Employment and Social Development Canada New Horizons project. This presentation takes an inside look at the Circle of Music Choir project.

Sasha is a recent graduate from the MA in Community Music program at Laurier University, and is director of the Great Lakes Music Together early child education program as well as the Circle of Music project.



Dr. Victoria Meredith – A Voice for Life

This workshop explores changes that frequently occur in people's voices within the context of overall physical aging. Primary topics include an understanding of how voices work, vocal changes that frequently take place with age, and what can be done to delay, minimize or even reverse negative effects of vocal aging. Participants will be introduced to concepts that can help to maintain optimal vocal condition at any age as they experiment first-hand with a variety of voice-related exercises and techniques. No musical experience needed!

Victoria served as Associate Dean and Coordinator of Choral Activities at Western University's Don Wright Faculty of Music until her recent retirement. She has directed choirs of all ages, including the 2010 National Youth Choir of Canada and honour choirs in most provinces. Her work on the aging voice has gained international recognition.



Chelsea Mackinnon – Music research in long-term care: Music Care Partners and Hamilton Intergenerational Music Program

One of the realities for residents in long-term care is Isolation and loneliness. This presentation will share current findings on two programs that are currently being employed and researched to address this need. Music Care Partners is an OTF-funded provincial impact project in 24 long-term care homes in the Greater Toronto area. The Hamilton Intergeneration Music Program unites elementary students and long-term care residents for a month of music-making and meaningful interactions.

Chelsea has recently completed her Masters of Music and Health at the University of Toronto and her Masters of Management in Innovation and Entrepreneurship from Queen's University. As lead researcher at the Room 217 Foundation, Chelsea gathers evidence to show music's effectiveness as a therapeutic tool. She is also an adjunct teacher in Music and Health at McMaster University. Chelsea has founded the Hamilton Intergenerational Music Program.



Sarah Pearson – Having Musical Conversations in Palliative Care

When someone is faced with their own mortality, questions of meaning, knowing how to complete relationships and doing unfinished business become paramount. Music can be communication gateways for difficult conversations. This presentation will look explore musical strategies and tools for creating safe space to have these exchanges.

Sarah is a music therapist who works in oncology in a large hospital. As a registered psychotherapist, she is used to opening up space for and facilitating challenging conversations. Sarah also works as Program Development Coordinator for Room 217 and has designed and co-written Music Care Training. Sarah is a songwriter and sought-after speaker in healthcare communities about the role of the arts in supporting patient-centred practice.



Dr. Justine Schneider – The British Experiment – Arts and Social Prescription

The bio-psycho-social model of illness encourages healthcare practitioners to think beyond anatomy and physiology to consider how the interplay of mind, body and social circumstances affect health and well-being. Social prescribing is a means by which healthcare professionals seek to address the non-medical causes of ill health with non-medical interventions. It is a way to interface of health and social care. This presentation will look at how social prescribing is practiced in the UK.

Justine is Professor of Mental Health and Social Care at the Institute of Mental Health at the University of Nottingham. She co-directs TAnDem, the Arts and Dementia doctoral training centre funded by the UK Alzheimer's Society. Justine is the author of over 100 research publications and has been Principal Investigator and Co-applicant on numerous grants funded by the EU. She convened the planning group for Room 217's first UK Music Care Conference in October 2018 at the University of Nottingham.

ROUND TABLES



Dr. Lee Willingham & Bev Foster – Towards Developing and Mobilizing a Music, Aging, and Wellness Policy

In this 2-part round table, we come together in the interest of establishing a network in order to shine a light on a segment of society that would greatly benefit from a strategic and coordinated approach to engaging and participating in music making. Exploring and nurturing our common interest in music, aging and wellness, with the support of SSHRC funding we have the capacity to move forward towards developing a network, perhaps policy and/or guidelines beginning with the conference, and determining next steps together.



Lee is the founder and director of the Laurier Institute for Music in the Community. Bev is the co-founder and executive director of the Room 217 Foundation.